

Sample Objectives to Achieve Life Goals

Personal Development	Familial Relationships	Societal Relationships	Environmental Relationships
<u>Engender/Encourage:</u> - life of faith, prayer, meditation, spiritual study and self–reflection - honesty and integrity - love for excellence in all endeavors - going beyond perceived limitations - the love of learning - good hygiene and eating habits - physical fitness	<u>Engender/Encourage:</u> - empathy for family members - honor, respect and deference for parents and grandparents - patience with siblings - appreciation for one’s role in light of position in the generational chain	<u>Engender/Encourage:</u> - empathy for others - respectful attitudes towards elders, teachers and administration - respectful language and relationships with peers - compassion/understanding for those outside of the family, clique or religion - wholesome relationships with members of the opposite sex - community service	<u>Engender/Encourage:</u> - empathy for the creation - compassion/stewardship towards the natural world and the environment - reverence for life and appreciation of nature - responsible and caring use of public property, i.e., a sense of public ownership - cleanliness and tidiness - sharing material blessings - time management
<u>Supporting Virtues & Values</u> Faith Gratitude Integrity Appreciation Honesty Diligence Honor Self–Reflection Hope Self–Esteem Sincerity Responsibility Wisdom Perseverance Courage Humor	<u>Supporting Virtues & Values</u> Empathy Respect Fortitude Filial Piety Prudence Fidelity Loyalty Care Compassion Obedience Humility	<u>Supporting Virtues & Values</u> Empathy Tolerance Forgiveness Kindness Mercy Compassion Repentance Understanding Chastity Service Purity Justice Praise Sharing Courtesy	<u>Supporting Virtues & Values</u> Stewardship Temperance Restraint Self–Control Moderation Benevolence Generosity Sensitivity Thrift Punctuality Orderliness Efficiency