

1-Day Prototype Schedule

Cultivating Character ***Know, Love and Do the Good***

[Date]

[Place]

Seminar Coordinator: *[Name]*

Presenter: James A. Baughman, PhD

Day 1 *[Date]*

8:30-9:00 am	Arrivals & Introductions	
9:00-10:30 am	<u>Presentation 1</u>	“How are We Designed as Human Beings?”
10:30-11:00 am	Refreshment Break	
11:00-12:30 pm	<u>Presentation 2</u>	“What is the Nature of Virtue and Vice?”
12:30-1:30 pm	Lunch/Cleanup	
1:30-3:00 pm	<u>Presentation 3</u>	“Sexuality, Dating and Marriage”
3:00-3:30 pm	Refreshment Break	
3:30-5:00 pm	<u>Presentation 4</u>	“How Do I Become a Person of Character?”
5:00-6:00 pm	Reflection/Goal Setting	
5:00-6:00 pm	Group Discussion	[For those who can stay]
6:00 pm	Close the Day	

Synopsis of Presentations

How are We Designed as Human Beings?—This topic explores our inherent propensities to seek happiness, fulfillment and lasting relationships; it identifies these aspirations in terms of four life goals designed to clearly identify our purpose in life and fulfill our greatest potential as human beings; in addition, it identifies four natural desires that are inherent in this pursuit.

What is the Nature of Virtue and Vice?—This topic explores the nature of good and evil (right and wrong); it clearly demonstrates that the definitions of good and evil are not relative but instead are universal and absolute when seen in light of our natural desires and life goals.

Sexuality, Dating and Marriage—This topic explores the human desire for sexual intimacy in the context of true human potential and life goals, and the devastating consequences that occur to individuals, families and societies when acted upon outside of that context.

How Do I Become a Person of Character?—This topic explores a practical approach to identifying choices and habits that stand in the way of our personal development and reversing these in favor of choices and habits that reinforce the fulfillment of true human potential and life goals. This is followed by a time of individual reflection and goal setting to establish a daily routine of improving personal character and integrity.